

Center for Orthopedics, Spine and Sports Medicine

Post Concussion Symptom Scale

Please rate the severity of each symptom listed below:

SYMPTOMS Trouble Falling Asleep	SEVERITY RAITING						
	0	1	2	3	4	5	6
Sleeping More Than Usual							
Sleeping Less Than Usual							
Drowsiness							
Irritability							
Sadness							
Nervous/Anxious							
Feeling More Emotional							
Feeling Slowed Down							
Feeling like you're "In a Fog"							
Difficulty Concentrating							
Difficulty Remembering							
Visual Problems							
Numbness or Tingling							
Headache							
Nausea							
Vomiting							
Balance Problems							
Dizziness							
Fatigue							
Sensitivity to Light							
Sensitivity to Noise							
Other:							
TOTAL							